

The logo for the Sigma Chi Journey program. At the top, the words "SIGMA CHI" are written in a red, serif font, arched over a central emblem. The emblem is a yellow compass rose with four arrows pointing outwards, set within a circular frame. Below this, the word "JOURNEY" is written in a large, bold, black, sans-serif font. The letter "O" in "JOURNEY" is replaced by the yellow compass rose emblem.

Together, we will Journey to become better men, a better chapter, a better Fraternity.

The Sigma Chi Fraternity exists in a society that is constantly in motion. It is critical, in order that our mission, vision, values and Ritual remain relevant, that we are prepared to face changing attitudes and cultures within the Greek-letter system and campus community. The Journey program is a resource in our effort to continue to prepare men who will lead our chapters, our campuses and our communities. Journey's mission is to develop seven workshops that run between three and four hours, depending on the objectives of the chapter. Currently, there are seven modules that are ready for deployment to our undergraduate chapters.

Note: *If a chapter confirms and hosts its mandated Strategic Visioning Journey, then it will receive one bonus point per Journey hosted the rest of the year, with a maximum of two bonus points available.*

The descriptions of each of the six available workshops are contained in this guide. Should you be interested in hosting a Journey at your chapter, please follow these steps:

- Determine what you feel the major issues are in your chapter that you would like to address with a Journey workshop;
- Read over the descriptions of the available Journey workshops to see if there is one that fits your chapter goals;
- Review the workshop idea with the brotherhood and make sure you have buy-in from your executive board and your membership;
- Email Journey@sigmachi.org with a date of the workshop, a confirmed facilitator and which workshop your chapter plans to request. Headquarters staff will then record the information and confirm the facilitator.
- Decide who the coordinating brother (also known as the hosting brother) is going to be. This will be the brother delegated by the chapter to be in charge of hosting the workshop and working with our Journey trained facilitator to make all necessary arrangements for the workshop. Please Note: Journey is a locally delivered program and is designed to maximize the use of local undergraduates and alumni to make all arrangements, including any lunch that you desire.
- **There is NO funding provided for a Journey workshop, outside of the Strategic Visioning Journey, which is mandated by the Fraternity's Executive Committee. All facilities, food and any audio visual equipment will be the responsibility of the hosting chapter. Once a Journey facilitator is assigned, he will work with your coordinator to suggest materials and equipment needed, if any. Should the chapter not be able to provide necessary equipment, Sigma Chi Headquarters will do its best to provide it.**

When the above items are complete, please contact journey@sigmachi.org. Please put the words "Sigma Chi Journey Inquiry" in the subject line of your email so it can be clearly recognized should it be routed to Spam mail.

Strategic Visioning

The Strategic Visioning Journey module helps chapters plan out the year ahead based on goals set by officers during the Balfour Leadership Training Workshop. Executive officers will organize the structure of the chapter's Strategic Plan while at Balfour LTW before returning to campus to host this workshop and get buy-in from the rest of the chapter. All members generate a shared vision for the future of the chapter and create a plan of action to put major building blocks in place that will keep the chapter strong and relevant for years to come. At the end of the workshop, the chapter would submit its Strategic Plan online and the Journey Operating Board will track all submissions and updates.

Note: *The Strategic Visioning Journey is mandated to be delivered to all undergraduate chapters and colonies each school year by Nov. 1.*

Outcomes

- ▶ Members complete a thorough analysis of their chapter's current state;
- ▶ Members buy into and support the chapter's vision;
- ▶ The chapter identifies major initiatives they must implement to achieve its future vision;
- ▶ There is a detailed action plan for each initiative;
- ▶ The chapter follows through on its scheduled timeline;
- ▶ Every member is actively involved in executing the plan;
- ▶ The chapter is completing its plan and achieving results;
- ▶ The chapter submits its Strategic Plan to the strategic planning website at the end of the Journey.

When to Use ...

- ▶ Annually after Balfour LTW every year; before the annual Nov. 1 deadline.



Sexual Misconduct Prevention

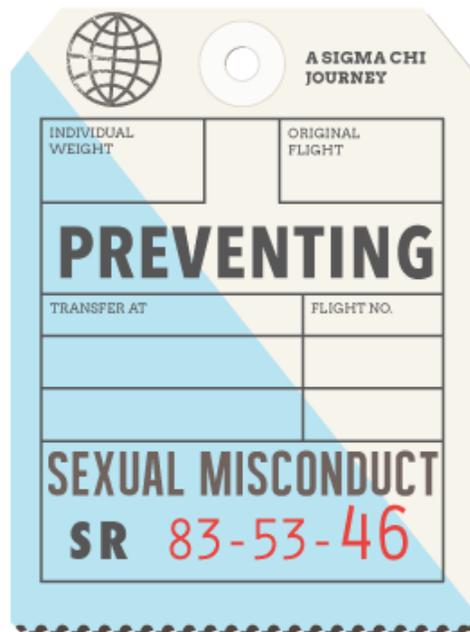
The Sexual Misconduct Prevention Journey was designed in partnership with the James R. Favor & Company to help educate our undergraduates on the changing landscape of sexual misconduct legislation – mainly the Clery Act, Title IX and its Dear Colleague Letter, the Violence Against Women Reauthorization Act of 2013 and the Campus SaVE Act. The workshop will also assist in the education of the definition of consent and bystander intervention, and it will encourage our undergraduate brothers to make values-based decisions regarding their sexual behavior and their treatment of women.

Outcomes

- ▶ Members will be educated on the changing federal legislation around them and how it affects them;
- ▶ Brothers will learn about how today's culture affects their views of women and how they judge each other as males;
- ▶ The entire chapter will take a deeper look at its values and how they are used in the treatment of men and women on campus;
- ▶ The chapter will understand the definition of consent and how to achieve the concept;
- ▶ Brothers will partake in actual Sigma Chi-specific case studies that will relate the topic to their own college experience;
- ▶ Chapter members will better understand bystander intervention and how to intervene when needed;

When to Use

- ▶ As an introduction to pledges as they embark on their next four years on campus;
- ▶ To team up with other sororities or fraternities to better the entire Greek system;
- ▶ If a chapter believes it needs to work on its behavior around women;
- ▶ As a brotherhood retreat to update members on the federal legislation that is happening around them.



Responsibility and Accountability

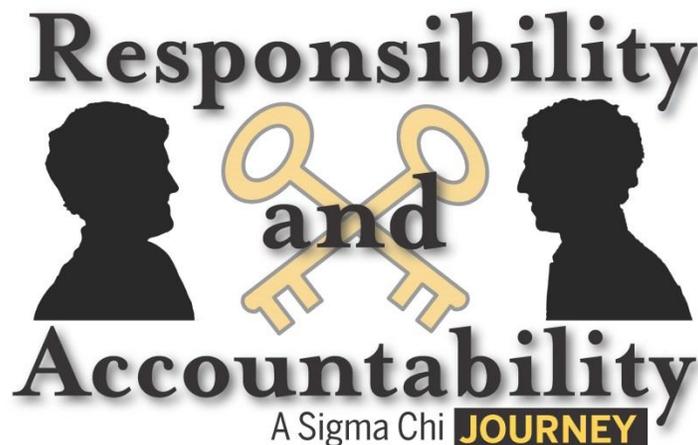
The Responsibility and Accountability Journey module has been developed for chapters looking to host a one-day workshop to help its brothers be more accountable to themselves, to the chapter and to their fellow brothers. Not only does this workshop work with chapters on how to be more responsible and accountable to decisions, but it also shows its members proper ways to confront each other about problems going on within the membership through relevant case studies and scenarios taken from the modern-day Greek-life world.

Outcomes

- ▶ Each brother knows how to properly approach another brother with a problem;
- ▶ Brothers hold each other responsible and accountable for their decisions;
- ▶ Brothers are more aware of common situations in the Greek-letter world where accountability needs to be more prevalent;
- ▶ Individuals identify opportunities for better decision making regarding social media;
- ▶ Members understand that being a bystander to an act of hazing is not an appropriate or accepted behavior;
- ▶ Members justify their decisions less and hold themselves accountable more;
- ▶ Overall mental, physical and alcohol/drug-related hazing decreases within the chapter;
- ▶ University sanctions at the chapter decrease as a result of increased level of accountability;
- ▶ Fewer problematic behaviors within the chapter.

When to Use ...

- ▶ This retreat is appropriate for a chapter that is struggling with holding its members responsible and accountable for their actions in an era where a focus on conduct and discipline has increased on college campuses.
- ▶ It is also appropriate at times when issues of conflict, accountability and behavior arise;
- ▶ Or if a chapter has been sanctioned by the Fraternity's Chapter And Member Accountability Committee as a result of an incident regarding accountability or discipline.



Risk Intervention

The Risk Intervention Journey was designed as the first part of a three-tier risk management Journeys offered to undergraduates. Risk Intervention is designed for chapters that feature high-risk practices and behavior, or it can be used for chapters that host events that can be viewed as dangerous by the university or campus sororities.

Outcomes

- ▶ Members will have a better understanding of Sigma Chi's policies on risk, alcohol and drugs;
- ▶ Members will have a better understanding of the Risk Management Foundation;
- ▶ The chapter as a whole will take a deep look at the risk behind their social and new member events;
- ▶ The chapter can build an action plan on how to improve its risk management practices;
- ▶ Overall mental, physical and alcohol/drug-related hazing decreases within the chapter;
- ▶ University sanctions at the chapter decrease as a result of increased level of accountability;
- ▶ Fewer problematic behaviors within the chapter.

When to Use

- ▶ If a chapter is wary of its risk management practices;
- ▶ If officers notice a continued abuse of chapter house premises or property damage;
- ▶ When hazing has become an accepted practice within the chapter;
- ▶ If alcohol and drugs are common at chapter events;
- ▶ When the safety of members and other organizations comes into question;
- ▶ Following Chapter And Member Accountability Committee sanctions that require a membership review or other disciplinary actions.



Strengthening Brotherhood

If your chapter is financially sound, flush with social events, with a firm understanding of the Ritual ... but there is still a feeling that something's missing, there could be a problem with your brotherhood. Want to eliminate cliques and improve communication? Then the Strengthening Brotherhood curriculum may be the answer. It is common for a chapter to "go through the motions" and lose sight of what initially brought them together. The Strengthening Brotherhood Journey can set the stage to reintroduce and reinforce the concepts of true friendship and its role in our lifelong journey in Sigma Chi.

Outcomes

- ▶ Members become more comfortable talking honestly with one another;
- ▶ The chapter resolves issues of group dynamics and learn how to work together;
- ▶ Articulate the meaning and practice of brotherhood;
- ▶ Work through undisclosed frustrations and concerns within the brotherhood;
- ▶ Forge renewed connections among distant members;
- ▶ Identify steps each individual can take to strengthen brotherhood;
- ▶ Develop a concept of teamwork;
- ▶ Apply lessons in teamwork to improve chapter dynamics;
- ▶ Strengthen the an emotional connection among brothers;
- ▶ Employs motivational interviewing techniques;
- ▶ Relies on personal disclosure and honest one-on-one conversation to build brotherhood while discussing brotherhood.

When to use ...

- ▶ Annually to reconnect members to one another;
- ▶ After a change in office;
- ▶ Following Chapter And Member Accountability Committee sanctions that require a membership review or other disciplinary actions.

Strengthening Brotherhood

A Sigma Chi **JOURNEY**

Chapter Revolution

This Journey module leads a chapter through an exploration of its culture and values in order to determine how members, individually and collectively, can remain relevant and become a leader in campus, community and societal changes. Whether your chapter is struggling with self-directed or imposed change, the series of activities and conversations will help you find a path to move forward.

Objectives

- ▶ Complete a thorough self-assessment of the chapter's culture;
- ▶ Members see themselves from an outsider's perspective;
- ▶ Use the Social Change Model to explain forces that act on culture;
- ▶ Pinpoint specific behaviors, words and signs that reinforce the current culture;
- ▶ Resolve chapter issues with which members are struggling;
- ▶ Members change their patterns of decisions and actions;
- ▶ The chapter implements a plan to change their words, behavior and environment;
- ▶ Members have the energy, momentum and plan to evolve.

When to Use ...

This retreat is appropriate as a reevaluation of the chapter culture when a change is imminent. It is not appropriate for use unless the chapter is facing one of the following four change situations:

- ▶ It's being imposed on them;
- ▶ It's happening around them;
- ▶ They are imposing it on themselves;
- ▶ They want to make it happen around them.



Recruiting the Standard

The Recruiting the Standard Journey was designed as a recruitment refresher for chapters to use on new pledge classes who have not been involved in the recruitment before or if a chapter is in between Mission 365 recruitment workshop cycles. It continues Mission 365's path of instructing how to recruit members based on *The Jordan Standard* through a mock recruitment session.

Outcomes

- ▶ Members will know how to present themselves and create dialogue with potential recruits;
- ▶ The entire chapter will take a deeper look at how it recruits its members and if that method aligns with The Jordan Standard;
- ▶ The chapter will discuss perception vs. reality in regards to what their reputation is on campus;
- ▶ Brothers will partake in a mock recruitment process that will improve their conversation with a potential recruit;
- ▶ A chapter will better understand if it is promoting social events too much in the process of recruitment;

When to Use

- ▶ If a chapter just had a Mission 365 recruitment workshop and still is having recruitment issues;
- ▶ If a chapter merely needs a four-hour recruitment refresher for members who have not experienced the recruitment process before.
- ▶ Immediately before recruitment just to ready the chapter.

